



Lithuania-Poland-Russia ENPI  
Cross-border Cooperation  
Programme 2007-2013



Programme is co-financed  
by the European Union

## PRESS RELEASE

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### HEALTHY SCHOOLCHILDREN – PERFECT SCHOOLMARKS

**Is it possible for a pupil to grow, successfully learn at school and stay healthy? The project implemented across the borders was discovering the answers. On both sides of the Russian – Lithuanian border for the period of two years from August 2012 till August 2014 the teachers implemented activities aimed at the positive changes in health condition of their pupils. All the project activities were supported with the European Union funds.**

The activities of the project “Creating the system of health saving support in schoolchildren in the Kaliningrad region and Klaipėda district” included councils on health-saving techniques and communication between teachers and pupils and round tables on innovative educational knowledge. International children forum “I am Healthy, so I am Successful” was also supported by the project, it was provided with several workshops on improvement of education quality through reducing its negative effects.

All activities were organized on international level – children who took part in the event gained the experience of communication with people of different groups and ages from Russia and Lithuania. It inspired them to further development of international contacts and interest in healthy lifestyle. Three health checks among pupils were conducted in order to confirm the efficiency of the elaborated health-saving methodologies able to affect favourably the educational successes.

Project leader Ms. Natalia Moroz summarized the main effects of the project activities: “I will truly miss the close cooperation with teachers and children from Kaliningrad region and Klaipėda. I am really glad that we obtained invaluable experience in creation of effective methodics for keeping the health of the pupils. And I am inspired by the future perspectives of continuing cooperation with our partners towards international recreational center for healthy and accomplished children”.

Project was implemented due to the efforts of its Beneficiary – N. I. Moroz Non-governmental (Private) Institution of General Education (Kaliningrad, Russia) and partners – Klaipėda M. Gorky Basic School (Lithuania) and Kaliningrad Institute for Educational Development (Gusev, Russia). Its total budget equaled 222 222.22 EUR (13.3 mln.Rub). 200 000.01 EUR (12 mln.Rub) was provided by the European Union within **the Lithuania-Poland-Russia**

Joint Managing Authority of the Programme  
Ministry of Economic Development  
of the Republic of Poland

Joint Technical Secretariat  
Lithuania-Poland-Russia ENPI CBC Programme 2007-2013  
Center of European Projects  
39a Domaniewska Str. 02-672 Warsaw, Poland  
Tel.: +48 22 378 31 00; Fax: +48 22 201 97 24  
[lpr@cpe.gov.pl](mailto:lpr@cpe.gov.pl)  
[www.lt-pl-ru.eu](http://www.lt-pl-ru.eu)

The European Union is made up of 28 Member States who have decided to gradually link together their know-how, resources and destinies. Together, during a period of enlargement of 50 years, they have built a zone of stability, democracy and sustainable development whilst maintaining cultural diversity, tolerance and individual freedoms. The European Union is committed to sharing its achievements and its values with countries and peoples beyond its borders.

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## **European Neighbourhood and Partnership Instrument Cross-border Cooperation Programme 2007-2013**

The Programme is co-financed by the European Union and Russian Federation. This Programme aims at promoting economic and social development on both sides of the border between EU countries (Lithuania and Poland) and Russia, addressing common challenges and problems, promoting people to people cooperation.

Within this European Programme 60 joint projects from Lithuanian, Polish and Russian border regions were implemented, representing different fields: infrastructure, environment protection, health, culture, tourism, sport, education, transport, etc. facing the needs of inhabitants of the Programme territory.

### **For further information, please contact the Joint Technical Secretariat of the Programme:**

Joint Technical Secretariat  
Lithuania-Poland-Russia ENPI CBC Programme 2007-2013  
39a Domaniewska Street  
02-672 Warsaw, Poland  
tel.: +48 22 378 31 00  
fax: +48 22 201 97 24  
mob.: +48 782 110 079  
email: [aleksandra.makowiecka@cpe.gov.pl](mailto:aleksandra.makowiecka@cpe.gov.pl)  
**Ms. Aleksandra Makowiecka**

or visit Programme website:

[www.lt-pl-ru.eu](http://www.lt-pl-ru.eu)

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39a Domaniewska Str. 02-672 Warsaw, Poland  
Tel.: +48 22 378 31 00; Fax: +48 22 201 97 24  
[lpr@cpe.gov.pl](mailto:lpr@cpe.gov.pl)  
[www.lt-pl-ru.eu](http://www.lt-pl-ru.eu)

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